



Natural High Sugars Large Fuji Apple Health Benefits For Apple Pie, Fruit surface smooth and delicate

Specifications :

| | |
|--------------------|--|
| Price | US \$15-25 / Carton |
| Brand Name | Fuji |
| Model Number | A113 |
| Place of Origin | Shandong China (Mainland) |
| Min.Order Quantity | 1 Carton |
| Payment Terms | T/T with 30% before production, 70% balance before delivery; L/C |
| Supply Ability | 150 Metric Ton/ Metric Tons per Month |
| Delivery Detail | around 7 days after receipt of 30% deposit |
| Packaging Details | OUTER PACKING : CARTON,INNER PACKING : PLASTIC BAG, MESH BAG IN EACH APPLE |
| nickname | red delicious apples |
| Product Type | Pome Fruit |
| color | large red apples |
| Type | Delicious Apples |
| style | Fresh Fuji Apple |
| Grade | A,B |

Detail Introduction :

Natural High Sugars Large Fuji Apple Health Benefits For Apple Pie, Fruit surface smooth and delicate

Quick Detail:

Type: Apple

Style: Fresh

Product Type: Pome Fruit



Variety: Fuji

Cultivation Type: Common

Color: Red, red

Maturity: 90%

Grade: 1 Size (cm): 7

Weight (kg): 0.15

Place of Origin: Shandong China (Mainland)

Brand Name: Fuji

Model Number: Pome Fruit

Description:

2013 seasonable fresh apple hot sale in the Middle East with ISO GLOBAL GAP HACCP

1) Attractive colors, with bright red color; fresh and crisp, suitable sour and sweet, juicy, tasty;

2) We are manufacture, and we own our production base ,cold storage.

3) Durable for storage and none industrial pollution;

4) We can supply good price and service.

5) Packing detail: inner packing: paper bag, fresh bag, apple

outer packing: carton

20kg/18kg:80/88/100/113/125/138/150/163/175/198

6)Except the Red Star apple, we also can supply some other kinds of apple, such asHuaniu, Gala, HuaGuan ,Fuji, QinGuan, Ji Guan, Golden delecilious....

Applications:

1.As fresh fruits, they are often eaten raw.

2.Making freshly pressed apple juice.

3.Making canned fruits.

Apples are an important ingredient in many desserts, such as apple pie, apple crumble, apple crisp and apple cake. They are often eaten baked or stewed, and they can also be dried and eaten or reconstituted (soaked in water, alcohol or some other liquid) for later use. Puréed apples are generally known as apple sauce. Apples are also



made into apple butter and apple jelly. They are also used (cooked) in meat dishes.

In the UK, a toffee apple is a traditional confection made by coating an apple in hot toffee and allowing it to cool. Similar treats in the US are candy apples (coated in a hard shell of crystallized sugar syrup), and caramel apples, coated with cooled caramel.

Apples are eaten with honey at the Jewish New Year of Rosh Hashanah to symbolize a sweet new year.

Farms with apple orchards may open them to the public, so consumers may themselves pick the apples they will purchase.

Sliced apples turn brown with exposure to air due to the conversion of natural phenolic substances into melanin upon exposure to oxygen. Different cultivars vary in their propensity to brown after slicing. Sliced fruit can be treated with acidulated water to prevent this effect.

Nutrition

The proverb "An apple a day keeps the doctor away.", addressing the health effects of the fruit, dates from 19th century Wales. Preliminary research suggests that apples may reduce the risk of colon cancer, prostate cancer and lung cancer. Apple peels contain ursolic acid which, in rat studies, increases skeletal muscle and brown fat, and decreases white fat, obesity, glucose intolerance, and fatty liver disease. According to the United States Department of Agriculture, a typical apple serving weighs 242 grams and contains 126 calories with significant dietary fiber and vitamin C content.

Apple peels are a source of various phytochemicals with unknown nutritional value and possible antioxidant activity in vitro. The predominant phenolic phytochemicals in apples are quercetin, epicatechin, and procyanidin B2.

Apple juice concentrate has been found in mice to increase the production of the neurotransmitter acetylcholine.[75] Other studies have shown an "alleviation of oxidative damage and cognitive decline" in mice after the administration of apple juice. Fruit flies fed an apple extract lived 10% longer than other flies fed a normal diet.

| Apples, with skin (edible parts) | | | |
|--------------------------------------|------------------|------------------|---------------|
| Nutritional value per 100 g (3.5 oz) | | | |
| Energy | 218 kJ (52 kcal) | Vitamin B6 | 0.041 mg (3%) |
| Carbohydrates | 13.81 g | Folate (vit. B9) | 3 ?g (1%) |
| - Sugars | 10.39 | Vitamin C | 4.6 mg (6%) |
| - Dietary fiber | 2.4 g | Vitamin E | 0.18 mg (1%) |
| Fat | 0.17 g | Vitamin K | 2.2 ?g (2%) |
| Protein | 0.26 g | Calcium | 6 mg (1%) |
| Water | 85.56 g | Iron | 0.12 mg (1%) |



| | | | |
|-------------------------|---------------|------------|---------------|
| Vitamin A equiv. | 3 ?g (0%) | Magnesium | 5 mg (1%) |
| - beta-carotene | 27 ?g (0%) | Manganese | 0.035 mg (2%) |
| - lutein and zeaxanthin | 29 ?g | Phosphorus | 11 mg (2%) |
| Thiamine (vit. B1) | 0.017 mg (1%) | Potassium | 107 mg (2%) |
| Riboflavin (vit. B2) | 0.026 mg (2%) | Sodium | 1 mg (0%) |
| Niacin (vit. B3) | 0.091 mg (1%) | Zinc | 0.04 mg (0%) |
| Pantothenic acid (B5) | 0.061 mg (1%) | Fluoride | 3.3 µg |

Storage

Commercially, apples can be stored for some months in controlled-atmosphere chambers to delay ethylene-induced ripening. Apples are commonly stored in chambers with higher concentrations of carbon dioxide and high air filtration. This prevents ethylene concentrations from rising to higher amounts and preventing ripening from occurring too quickly. Ripening continues when the fruit is removed from storage. For home storage, most varieties of apple can be held for approximately two weeks when kept at the coolest part of the refrigerator (i.e. below 5 °C). Some types, including the Granny Smith and Fuji, can be stored up to a year without significant degradation.

| | |
|------------------|--|
| Name | Natural High Sugars Large Fuji Apple Health Benifits For Apple Pie, Fruit surface smooth and delicate |
| Variety | Fuji Apple |
| Origin | Shandong Province |
| Charactereistics | Thin fruit skin,thick,crispy,juicy,sweet |
| Size & packing | a)10/20/100/113/125 pieces/18kg ctn |
| | b) 10/36/100/113/125/13pieces20kg ctn |
| | c)4/20/22/36/40/44pieces/10kg ctn |
| | Remarks: 4kg ,18kg ,10kg ,20kg ,or other weight you need |
| Packing | Inner: with tray ,poy sock ,faom net ,fresh plastic bag or liner bag for each apple Outer: strong export standard carton box ,we have our own designs ,and we also make it according your requirement |
| Apple Grade | Grade 1,2,3 |
| Coloration | 77%up |
| Payment terms | T/T ,L/C, D/P |



| | |
|---------------|--|
| Min order | One 37HQ |
| Supply period | october-next july |
| FOB size | USD 20/carton |
| Net weight | 20kg/carton |
| MOQ | 40 FCL |
| Delivery time | 9 working days after receiving the 30% advance payment |
| Payment terms | T/T with 30% advance payment, 60% against scanned copy of B/L, 10% against arrival |

Specifications:

2013 seasonable fresh apple hot sale in the Middle East with ISO GLOBAL GAP HACCP

1. Blush & Striped, red 60% up;
2. Pollution free, Rich in Vitamin
3. Crisp & Sweet & Healthful

Competitive Advantage:

1. we have our own factory & guarantee the quality
2. we have enough supply ability
3. we can supply more competitive price and service